



*Feel Free™*

# CRUISING WITH NORWEGIAN CRUISE LINE (NCL).

*Discover what it means to Feel Free.*



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The Waterfront, Norwegian Bliss

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# AN INTRODUCTION TO CRUISING.

Are you thinking about booking a cruise, or have you just booked one and not sure what to expect? We know you may have questions about taking a holiday at sea, that's why we've created this guide to explain everything you need to know about sailing with Norwegian Cruise Line (NCL).

## WHY BOOK WITH NCL?

- Enrich your holiday from sea to shore with our highly valued Free at Sea promotion, offering your personal choice of 2 packages (Premium Drinks Package (Open Bar), Speciality Dining, Excursions Discount and more) at a fixed upgrade price of only € 99 on a 7-day cruise. See page 30 for more details.
- Savour up to 21 incredible culinary experiences with the freedom to dine when and where you choose.
- Enjoy award-winning entertainment including Broadway musicals, dinner shows and themed parties.
- Choose an accommodation to suit your style and budget, including luxurious Suites in The Haven by Norwegian®, Balcony staterooms with ever-changing views and stylish Studios, designed and priced for solo travellers.
- With NCL's award-winning fleet, you can book with confidence knowing your cruise will be incredible, from ship to shore.

## BELOW IS A LIST OF SOME OF OUR AWARDS.

### WORLD TRAVEL AWARDS:

World's Leading Cruise Line 2020 (5 years in a row)  
Caribbean's Leading Cruise Line 2020 (8 years in a row)  
Europe's Leading Cruise Line 2020 (13 years in a row)

### CONDÉ NAST TRAVELER

2020 Hot List Recognizes the year's top hotel and cruise openings: **Norwegian Encore**

### PORTHOLE CRUISE MAGAZINE

2020 Editor-In-Chief Awards Best Art Collaboration: **Eduardo Arranz-Bravo, Norwegian Encore**  
Best New Ship: **Norwegian Encore**  
Best Hawaiian Itineraries: **Norwegian Cruise Line**

### CRUISE CRITIC CHOICE AWARDS 2019:

Top Cruise Line Private Islands

### CRUISE CRITIC 2019 EDITOR'S PICKS AWARDS:

Best New Ship of the Year (Ocean Category) Norwegian Encore  
Best for Solo Travelers (Ocean Category)

### TIME MAGAZINE'S 2019 WORLD'S GREATEST PLACES: NORWEGIAN JOY

### 2020 U.S. NEWS & WORLD REPORT BEST CRUISE LINE FOR THE MONEY



# NCL CRUISE HOLIDAY



# LAND BASED RESORT HOLIDAY

A new port to explore almost every day, providing variety and value for the money.	Just one destination to discover and no variety of countries and cultures.
Up to 21 high quality and varied, global dining options, up to eight are complimentary.	Limited choice of dining options, mostly buffet style, based around local produce.
Ship-wide, varied entertainment including Broadway musicals.	Limited entertainment venues and often low key or amateur local acts.
Discretionary service charges (tips) can be prepaid or automatically added to your shipboard account.	Worries over tipping – who, how much and when.
Wake up every day to new horizons and new views.	Same view every morning.
Itineraries can be amended to avoid severe weather and political upheaval.	Stuck with the weather and potential political upheaval.
Unlimited premium, quality alcoholic beverages and soft drinks when you choose the Premium Drinks Package (Open Bar) as part of your Free at Sea holiday upgrade for only € 99 on a 7-day cruise.*	Restricted drinks list and often limited to local brands. Usually just one or two bars available in the resort.
24-hour bar venue for drinks and comfort food favourites.	Bars only open at certain times and food rarely available around the clock.
Incredible activities, like climbing walls, waterparks, laser tag, go-karting and more.^	Usual resort activities, like pool games, mini-golf, table tennis, etc.



# CRUISE MYTHS. BUSTED.

## I'LL GET BORED ON THE SHIP.

With so much to do on board, you'll have to book another cruise just to experience it all! We have a seemingly endless choice of activities on board such as go-karting, wine tastings, sports and aqua parks during the day. Every night there's entertainment like Broadway shows, live bands, nightclubs and a superb choice of bars and lounges.<sup>^</sup>

## I'LL GET SEASICK.

Due to the ship's size and the use of stabilizers when needed, you may not even feel that you are moving! However if it is a concern, you can book a stateroom mid-ship where there is the least movement, and there are many medicinal and natural remedies available.

## IT'S TOO EXPENSIVE.

Free at Sea gives you the choice to create an inclusive holiday according to your preferences and thus keep costs under control. Plus, with worldwide cruises of varying lengths and a wide range of staterooms, you'll find the holiday that's perfect for you and your budget.

## I'LL HAVE TO EAT WITH STRANGERS / I HAVE TO EAT ON A SCHEDULE.

We offer you the freedom and flexibility of dining when, where and with whomever you want. With a variety of incredible restaurants – up to 21 dining venues – to please any palate, Feel Free to be a little epicurious and follow your mood, not a schedule.

## THERE WILL BE TOO MANY PEOPLE.

Our contemporary ships are designed for comfort and space, giving you plenty of room to roam at sea. From relaxing at the Mandara Spa and reclining poolside, to strolling along The Waterfront on select ships and enjoying delicious room service on your own private balcony in a Balcony Stateroom or Suite, finding your happy place on board is a breeze. Also, Suites in The Haven by Norwegian<sup>®</sup> offer exclusive access to a private courtyard with pool and their own bar and restaurant on select ships.

## I WON'T GET ASSISTANCE IN MY LANGUAGE.

As our guests come from all over the world, the main language used on board is English. However, on most of our itineraries, we offer multilingual assistance and, whenever possible, we have a multilingual international hostess on board all ships. This service is designed to help our valued guests overcome potential language barriers. For more details of services and languages spoken, visit [ncl.com](http://ncl.com).

# WHERE DO YOU WANT TO GO?

Whether you're island hopping or crossing oceans to destinations far and away, come aboard NCL to any one of the destinations listed below for a holiday you'll never forget.

Africa  
Alaska  
Asia  
Australia & New Zealand  
Bahamas  
Bermuda  
Canada & New England  
Caribbean  
Hawai'i & South Pacific  
Mediterranean

Mexican Riviera  
Northern Europe  
Pacific Coastal  
Panama Canal  
South America



JAN-FEB | NOV-DEC



## AFRICA

- 12- to 19-Day itineraries from Cape Town and Dubai
- Sail aboard popular Norwegian Jade
- Diverse shore excursions including game reserves and safaris, iconic temples and museums and local townships

APR-OCT



## ALASKA

- 5- to 16-Day itineraries from San Diego, Seattle, Seward, Tokyo and Vancouver
- The youngest fleet cruising Alaska in 2021
- Only NCL offers custom built ships for Alaska to let the outside in with amazing Observation Lounges that provide breathtaking views and The Waterfront, a 400-metre oceanfront promenade lined with bars, restaurants and cozy places to sit and watch the surrounding beauty

JAN-MAY | OCT-DEC



## ASIA

- 5- to 16-Day itineraries from Bangkok, Dubai, Hong Kong, Singapore, Sydney and Tokyo
- Itineraries specially curated around special events and popular seasons
- Recently renovated, award-winning ships

JAN-APR | DEC



## AUSTRALIA & NEW ZEALAND

- 10- to 17-Day itineraries from Auckland, Singapore and Sydney
- Immersive shore excursions including visits to kangaroos, koalas and vineyards, the Great Barrier Reef and more
- Sail aboard the recently renovated Norwegian Spirit, reimagined with adult centric spaces

JAN-AUG | NOV-DEC



## BAHAMAS

- 3- to 8-Day itineraries from Miami, New York and Tampa
- Most itineraries offer a stop at NCL's Private Island paradise, Great Stirrup Cay
- A variety of shore excursions including snorkeling, kayaking, parasailing, ziplining and swimming with pigs

APR-DEC



AUG-OCT



YEAR-ROUND



YEAR-ROUND



FEB-DEC



## BERMUDA

- 4- to 9-Day itineraries from Boston and New York
- Named Best Bermuda Itinerary by Porthole Cruise Magazine 10 years in a row
- Dock in King's Wharf and spend 2 overnights and 3 full days with easy access to explore all Bermuda has to offer including St. George's and Hamilton
- Shore excursions for everyone from golfing to pink sand beaches

## CANADA & NEW ENGLAND

- 5- to 10-Day itineraries from Boston, New York and Québec City
- September through October itineraries highlight New England's colourful "leafing" season
- Award-winning ships with a range of on onboard experiences
- Memorable shore excursions including "downeast" lobster bakes, coastal drives and charming cities with quaint lighthouses

## THE CARIBBEAN

- 5- to 14-Day itineraries from Miami, New York, New Orleans, Orlando (Port Canaveral), Panama City (Fuerte Amador and Colón), San Juan and Tampa
- Named The Caribbean's Leading Cruise Line eight years in a row by the World Travel Awards
- Visit NCL's exclusive destinations, Harvest Caye and Great Stirrup Cay
- Cruise on our newest ships – Norwegian Encore, Norwegian Joy, Norwegian Bliss and Norwegian Escape

## HAWAII & SOUTH PACIFIC

- 7- to 14-Day itineraries from Honolulu, Papeete, Sydney and Vancouver
- Voted Best Hawai'i Itinerary 14 years in a row by Porthole Cruise Magazine
- The only cruise line that visits 4 islands in 7 days
- Year-round, round-trip sailings from Honolulu with Saturday departures

## MEDITERRANEAN & NORTHERN EUROPE

- 3- to 19-Day cruises from Amsterdam, Athens (Piraeus), Barcelona, Copenhagen, Dubai, Istanbul, Lisbon, London (Southampton), Reykjavik, Rome (Civitavecchia), Stockholm, Venice and Warnemünde (Berlin)
- Named Europe's Leading Cruise Line 13 years in a row by the World Travel Awards
- Overnight stays and late-night departures in select ports
- Diverse shore excursions to match every interest, including new "Go Local" tours that provide immersive, personal experiences

JAN-APR | OCT-DEC



## MEXICAN RIVIERA

- 5- to 7-Day itineraries from Los Angeles and San Diego
- Sail aboard Norwegian Bliss or Norwegian Joy, two of our newest and most innovative ships
- Discover the best of the Mexican Riviera on unique shore excursions that offer fun for everyone from riding a camel on the beach to sportfishing

APR-MAY | OCT



## PACIFIC COASTAL

- 3- to 8-Day itineraries from Los Angeles, San Diego and Vancouver
- Cruise on our three newest ships – Norwegian Bliss, Norwegian Encore and Norwegian Joy
- Explore British Columbia's rugged coastline and the iconic cities of Los Angeles, San Diego and San Francisco

JAN-APR | OCT-DEC



## PANAMA CANAL

- 8- to 21-Day itineraries from Los Angeles, Miami, New York, Orlando (Port Canaveral), Panama City, San Diego, San Francisco and Seattle
- **NEW!** Round-trip cruises from Panama City, Panama
- Explore the Mexican Riviera, Latin America and The Caribbean in one holiday
- Most itineraries offer a stop at NCL's Private Island paradise, Great Stirrup Cay

JAN-MAR | NOV-DEC



## SOUTH AMERICA

- 6- to 17-Day itineraries from Buenos Aires, Rio de Janeiro and Santiago (San Antonio)
- Named Best Cruise Line in South America by Cruise Critic
- **NEW!** Extraordinary Journeys cruises to Antarctica from Buenos Aires
- Incredible shore excursions take you to the lost city of the Incas in Machu Picchu, let you March with the Penguins in the Falkland Islands or enjoy winetasting at a vineyard in Montevideo

# WHAT TYPE OF STATEROOM SUITS YOUR STYLE?

Rooms with balconies. Rooms with butlers. And plenty of room for pillow fights. NCL offers a wide range of contemporary and comfortable accommodations. Stay connected with an adjoining stateroom so you can bring the whole gang and stay together. Or take your holiday to another level – at the top of most of our ships – in a luxurious and spacious Suite in The Haven by Norwegian®. If you're a solo cruiser, enjoy full-size comfort in our stylish Studios. Plus, our Family Suites are a hop, skip and jump away from Splash Academy, our awesome youth programme for kids. Wherever you like to unwind, we have you covered.



THE  
**HAVEN**  
 BY NORWEGIAN®

Hidden away at the top of the ship is The Haven by Norwegian®, an exclusive enclave with our most luxurious, well-appointed and spacious accommodation. Not only will you have access to all the ship has to offer, you'll enjoy the personal service of a concierge and 24-hour butler throughout your entire stay.

**Exclusive Amenities**

Personally escorted on and off the ship at the pier and at ports-of-call

Exclusive access to The Haven Courtyard area with private pool, sundeck, hot tub and fitness area

Priority when reserving restaurants and entertainment

Bliss Collection by Norwegian pillow-top mattress

Fine linens, feather duvet and pillow menu

Luxury bathroom products

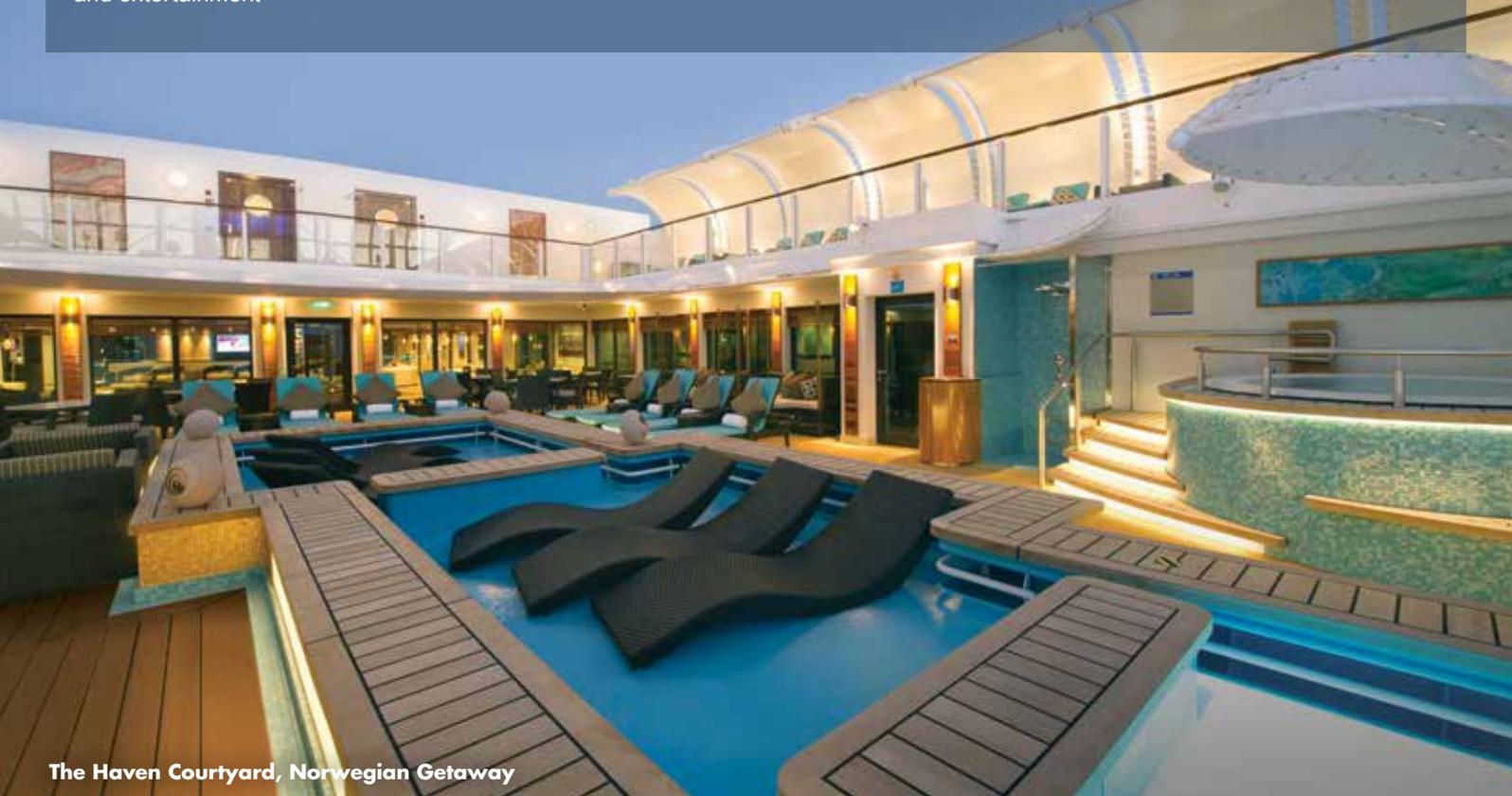
Plush bathrobes, slippers and oversized bath towels

Treats delivered to your suite each evening

Invitations to an exclusive breakfast and lunch

Invitations to exclusive cocktail parties

White tablecloth in-suite dining



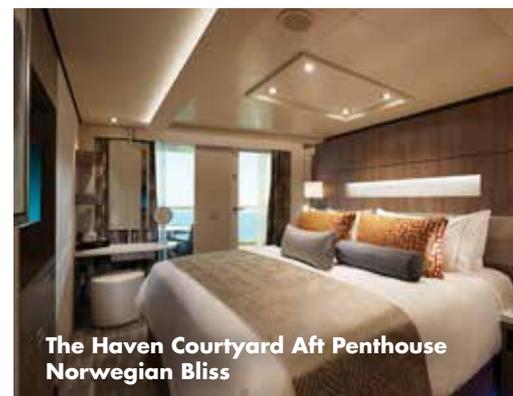
The Haven Courtyard, Norwegian Getaway



The Haven Deluxe Owner's Suite Norwegian Encore



The Haven Deluxe Suite with Balcony Norwegian Escape



The Haven Courtyard Aft Penthouse Norwegian Bliss



# SUITES, BALCONY, OCEANVIEW & MORE.

With fresh sea breezes and stunning views from your private balcony, you'll enjoy a new perspective almost every day in a Suite or Balcony Stateroom. Or wind down in the comfort and style of an Oceanview or Studio Stateroom. Wherever you decide to unwind, NCL offers a wide range of contemporary accommodation designed for you.



Balcony, Norwegian Encore



2-Bedroom Aft Suite, Pride of America



Studio, Norwegian Breakaway



Oceanview, Norwegian Sky

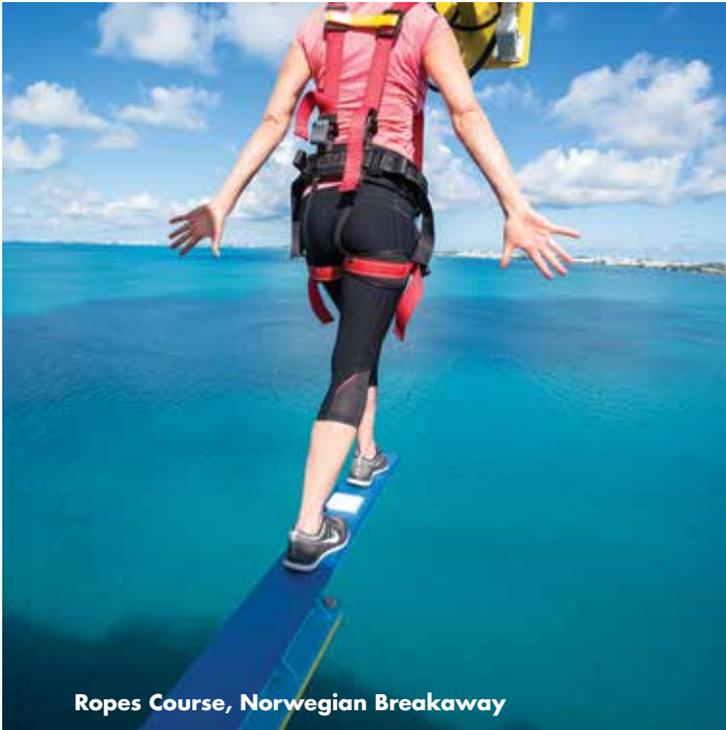
# WHAT TO DO ON BOARD.

Whether you come aboard for the thrills or to chill, the choice is always yours. On select ships, you can shift into holiday mode on the only race track at sea and enjoy a sunset stroll along The Waterfront, our 400-metre-long oceanfront promenade, while discovering your favourite restaurant or bar. From comedy clubs and casinos to spas and boutique shops, there's something for everyone around every corner of our ships.



# SHIFT FROM NEUTRAL TO OMG.

There's no better way to shift into holiday mode than on our thrilling two-level race track on board our newest ships – Norwegian Encore, Norwegian Bliss and Norwegian Joy. Catch some sun and a sea breeze as you whoosh down towering waterslides or conquer the largest ropes course at sea on Norwegian Escape. Play a friendly game of basketball in the middle of the ocean or get a rush while playing laser tag under the stars. The excitement comes in all sizes on our newest and most innovative ships.



Ropes Course, Norwegian Breakaway

## DECK ACTIVITIES

Cruise into adrenaline-pumping activities in our ThrillPlex activity zones that'll keep you on the edge of your seat. Zoom around one of the largest race tracks at sea. Discover larger-than-life adventures during an exciting game of augmented reality laser tag. Hang with friends on the largest ropes course at sea and then whoosh over the side of the ship on Ocean Loops in the Aqua Park. Or dive into a world unlike any other in the Galaxy Pavilion and immerse yourself in a virtual gaming wonderland. Get in the zone for the biggest thrills at sea with NCL.



Norwegian Escape, Aqua Park



Norwegian Encore, Laser Tag

## “OH WHAT A NIGHT” EVERY NIGHT.

When it comes to the award-winning entertainment on board our ships, you won't believe your eyes or even your ears. Catch an amazing Broadway musical or an original production at sea. If live music is what you crave, settle in at a piano bar, pool deck or atrium and relax with live music playing throughout our ships. Laugh it up at a comedy club or join us on the top deck for our Sailaway Party. It's showtime – all the time – on all of our ships.



*Jersey Boys, Norwegian Bliss*

### ENTERTAINMENT

NCL sets the standard for the best entertainment at sea. And now we're kicking it up a notch (or ten). Stretch your vocal cords at Howl at the Moon, and enjoy live rock 'n' roll at Syd Norman's Pour House. Or experience the music scene at The Cavern Club, the legendary Liverpool venue The Beatles made famous. Then travel back to the eve of the Prohibition Era with the interactive musical Happy Hour Prohibition. From smash hit Broadway shows – including Jersey Boys – to live music for every occasion, NCL makes each night on board extraordinary.

If you are looking for a side of entertainment with your meal, NCL has just that. Join us for Dinner and a Show<sup>s</sup> under our colourful big top, Spiegel Tent, on Norwegian Breakaway. Things heat up during dinner in our Main Dining Rooms – The Manhattan Room and The Tropicana Room – with special performances of Burn the Floor. And sip and savour during a sidesplitting show with lunch at Wine Lovers, the Musical<sup>s</sup>, the world's first and funniest wine tasting musical.

\$ FEE APPLIES



*The Choir of Man, Norwegian Encore*



*Velvet, Norwegian Breakaway*

# FEEL FREE TO BE A LITTLE EPICURIOUS.

By starting with the freshest and finest ingredients and adding a dash of brilliance, you can taste our passion on every plate. And with no fixed dining times or pre-assigned seating, you're free to dine when and where you want. That's the beauty of Freestyle Dining. Enjoy a delicious three-course meal in one of our main dining rooms or get a taste of something uniquely different at a speciality restaurant such as the all-new Onda by Scarpetta. So unfold your napkin and prepare your palate for a superb culinary experience.



Taste Restaurant, Norwegian Escape

## COMPLIMENTARY DINING

Enjoy delicious three-course meals in up to three main dining rooms. You'll also find Asian-fusion restaurants, impressive buffets featuring carving and pasta stations, a variety of casual cafés, outdoor grills and grab-and-go choices. Plus, The Local Bar & Grill is open 24/7. From prime rib to grilled salmon to our chef's original dishes made with the freshest ingredients, your dining can be as fine or fun as you want.

## SPECIALITY DINING \$

With so many delicious speciality restaurants, there are plenty of options for all types of palates. Indulge in modern Italian cuisine at Onda by Scarpetta. And now that we've harmonised our fleet, you'll find most of your favourite speciality restaurants on board. From Cagney's Steakhouse and superb French fare at Le Bistro to our Japanese restaurant Teppanyaki, they're all on board – and they're all delicious.

\$ FEE APPLIES



Teppanyaki, Norwegian Bliss



Onda by Scarpetta, Norwegian Encore

# DO IT ALL – OR NOTHING AT ALL.

Whether you come aboard and go explore or simply relax, the choice is always yours with Norwegian Cruise Line. Pamper yourself at Mandara Spa or at a luxury boutique or duty-free shop. On select ships, you can enjoy a sunset stroll along The Waterfront, our 400-metre-long oceanfront promenade, while discovering your favourite restaurant or bar. When the sun goes down, your evening heats up. Check out a comedy club or cash out your winnings at our casino. There's something exhilarating (and relaxing) for everyone around every corner of our ships.



**Mandara Spa, Norwegian Breakaway**

## SPA\$

Relax and rejuvenate in the Thermal Suite at Mandara Spa. Take in the stunning views as you recline on a heated lounger. Blow off a little steam in the dry sauna or take a dip in the Vitality Pool, letting the warm waterfall cascade onto your shoulders. Breathe in relaxation in the Salt Room and then chill out in our Snow Room. Or pamper yourself with a hot-stone massage, one of over 50 speciality treatments offered by our well-trained massage therapists.

## CASINO

As the leader in cruise gaming, Casinos At Sea® is dedicated to providing guests a best in class gaming experience as they travel the globe. We've designed our casinos with comfort in mind so you can relax and unwind from your hectic schedule playing your favourite games. Equipped with the latest, greatest and most popular slots, you can bet there is a winning machine waiting for you. For table game players, ante up, double down or handle a hot pair of dice on your way to your next destination. Whatever you play, get ready to ride a lucky streak!

## SHOPPING

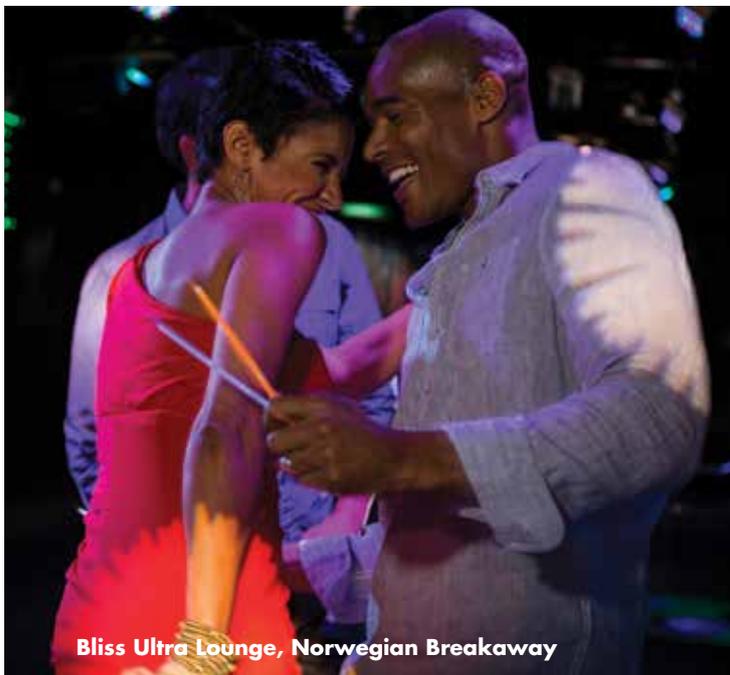
When you shop at our on board boutiques, you'll feel like you've been transported to a shopper's heaven. And since all of the products sold on board are Duty-Free, you'll get great savings on favourites like liquor, tobacco products, perfumes and more. From high-end couture and exotic jewellery to beach supplies, like suntan lotion and flip flops, you'll find a wide selection of brand names and speciality goods.



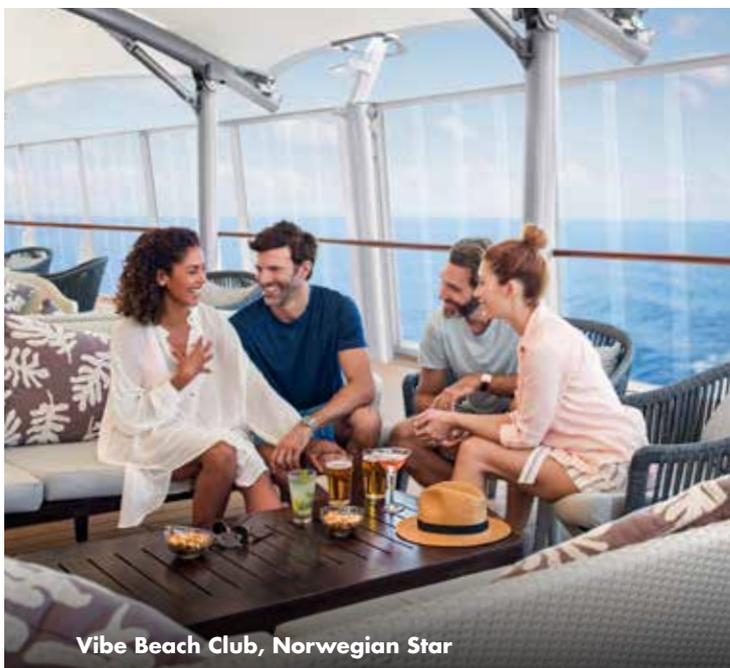
**Casino, Norwegian Encore**



Sugarcane, The Waterfront, Norwegian Encore



Bliss Ultra Lounge, Norwegian Breakaway



Vibe Beach Club, Norwegian Star

## BARS & LOUNGES

Wine swirling. Beer flowing. Scotch pouring. Mojito muddling. Whatever your cocktail of choice, we've got unique bars and lounges that can mix it up just the way you like. Order a flight of craft beer at The District Brew House. Sip a Cabernet straight from Napa Valley at The Cellars, A Michael Mondavi Family Wine Bar. Lounge poolside with a piña colada or oceanside on The Waterfront with a refreshing mojito at Sugarcane. Whether you're looking to meet up with friends or make new ones, follow your mood and mingle.

## ADULTS ONLY

### VIBE BEACH CLUB<sup>\$</sup>

Exclusively for those 18 and over, Vibe Beach Club features a full-service bar, water spritzers, chilled towels, chaise lounges, hot tubs and views for miles. A limited number of passes will be available for purchase at the Guest Service Desk on embarkation day.

### SPICE H<sub>2</sub>O

Inspired by the renowned summer beach parties on the island of Ibiza, Spice H<sub>2</sub>O is an adult-only escape – day and night.

<sup>\$</sup> FEE APPLIES

# GOOD THING SMILES ARE WATERPROOF.

Splash the day away at the Kids' Aqua Park or at the pool. Feel like kidding around? Feel Free with Family Insanity, where families compete in engaging and wacky activities. Sign up your little ones at our age-appropriate complimentary youth programmes so they can learn to juggle in Splash Academy, while teens have the coolest themed parties in Entourage. Whether you're playing dodgeball or winding down in front of a huge two-storey screen during movie night, consider our ships the ultimate playgrounds at sea.



Guppies

## FAMILY ACTIVITIES

Experience an unforgettable family holiday with Norwegian Cruise Line. From dodgeball to cupcake decorating, there are lots of activities all over our ships for every age group. These are the moments you'll remember. Cruise NCL and see why we were voted **Best Family Experience** by *Travel Weekly*.

### **GUPPIES PROGRAMMES (6 MONTHS – UNDER 3 YEARS)**

Guppies Hosted Activities: Fleetwide for parents and babies.  
Guppies Open Play: Fleetwide for parents and babies.

### **SPLASH ACADEMY (AGES 3 – 12)**

When your little ones are having a great time, you're having a great time. Sign them up for our complimentary youth programme where they can enjoy creative play, sports and more. From theme night activities to cool parties, our youth staff has a knack for this stuff.

### **ENTOURAGE (AGES 13 – 17)**

Run off and play while your teenagers hang out in a place filled with video games, movies, arts, music, sports and people their own age. From the coolest lounge at sea to the hippest dance clubs at night, there's always something going on at our teen centers. Best of all, it's all complimentary and supervised.



Entourage

## GUPPIES NURSERY

Exclusively on Norwegian Escape, parents can rest easy knowing their tots (6 months – under 3 years old) are being well looked after by our dedicated nursery staff. Featuring an active room with sensory-based activities, games and toys based on a daily theme, plus a quiet room for babies to sleep, parents can have the holiday they deserve while their little ones do too.

# WHAT TO DO ON SHORE.

Get glacier-size goosebumps in Alaska as you witness a 30-ton whale leap out of the Pacific Ocean. In Europe, walk in the footsteps of history, get a taste of local culture and relive the epic battles once held at the Colosseum. Our Shore Excursions let you experience the world around you up close and personal – and on your time. Whether you're discovering natural beauty or making your own history, each destination you visit allows you to create an incredible story you will share for years to come.





Venice Hop-On Hop-Off with Leonardo Da Vinci Museum, Venice, Italy

## WHY BOOK YOUR SHORE EXCURSIONS WITH NORWEGIAN?

- Never get left behind. If an NCL organized tour is late, the ship will wait for you.
- One-stop shopping for all ports on your itinerary.
- No hidden costs for transfers or entrance fees – the price you see is what you pay.
- Dedicated pre-cruise specialists to help you with your tours.
- Leverage the knowledge and experience of onboard consultants during your cruise.
- Be one of the first off the ship in every port of call.
- Peace of mind knowing your tours are run by insured operators.
- Flexibility to modify or cancel excursions without penalty up to 48 hours prior to arrival into port. Any exceptions are noted in the tour descriptions.
- Make reservations in advance and enjoy guaranteed availability.
- Private tours provide immersive experiences in incredible destinations worldwide.

## LET'S TAKE A SELFIE

On these unique tours, professional photographers and selfie experts provide photography tips as you tour some of the world's most iconic destinations – the ideal setting to snap that unforgettable selfie.

## HISTORIC TIMES

Get up close and personal with places you've seen only in pictures. Then take some of your own. Tour a medieval castle in Europe. Unravel the mysteries of the Mayan ruins. Or catch a glimpse of the revered Emerald Buddha in the Grand Palace of Bangkok. Take a history lesson like no other.

## WONDERS OF NATURE

Get ready to cuddle with a koala in Australia. Or pack your camera and enjoy the majestic humpback whales of Hawai'i, the bears in Alaska, the soaring cliffs of Greece. They're all naturally wonderous scene stealers.

## ADVENTURE RUSH

Start by letting your imagination run wild. Mush your way across an ice field in Alaska. Surf in Kaua'i, Hawai'i. Soar through the sky on a zipline on Harvest Caye. Go tubing in Belize or even airboat through the Florida Everglades. Your adventure awaits.

## LAIID-BACK LEISURE

Sometimes you just want to soak up the sun – and your surroundings. So find that perfect secluded beach and take it all in. Or shop the local markets for some great bargains and take home a little something to complement your amazing holiday.

## FAMILY FRIENDLY

You bring the kids, and we'll supply the best memories ever. Explore historic cities in Europe. Attend an authentic lū'au in Hawai'i. Enjoy a glass-bottom boat ride in Bermuda or visit an eagle preserve in Alaska. We have an array of experiences fit for any family.



# A DAY IN THE LIFE.

Ever wonder what it's like to experience one of our ships? Whether you're travelling together as a family, exploring as a couple or going solo, the following pages highlight the types of experiences that will appeal to you morning, noon and night.



# AFFLUENT TRAVELLERS

MORNINGS



Hidden away at the top of select ships is **THE HAVEN BY NORWEGIAN®**, an exclusive enclave with private keycard access featuring our most luxurious, well-appointed and spacious accommodation.



Guests of The Haven enjoy white tablecloth in-suite dining served by **CERTIFIED BUTLERS** available 24 hours a day.



Exclusively for guests of The Haven, **THE HAVEN COURTYARD** offers a private beach club ambiance where privacy and tranquility await. Relax on a private sun deck. Take a dip in the pool. Or let the world melt away in a hot tub.



Step ashore and discover the enchanting cities of **FLORENCE & PISA** where history and art intertwine. View Michelangelo's famous David, marvel at the Leaning Tower of Pisa and browse local boutiques.



Feel rejuvenated with a relaxing halotherapy treatment in our **SALT ROOM** that mimics Eastern Europe's natural salt caves. This treatment, just one of many **SPA** options, improves respiratory and skin ailments and aids in overall wellness.



**THE CELLARS — A MICHAEL MONDAVI FAMILY WINE BAR**, is the perfect place for guests to enjoy small bites while discovering a new Cabernet from Napa Valley. Or even enhance their knowledge of wine with programmes for experts and novices alike.



Get in on the action with exciting tournaments and promotions at our **CASINOS AT SEA®**. Hit the slots. Put on your best poker face in Texas Hold 'Em. Or up the ante at one of our High Roller tables.



Seafood is front and center at the upscale contemporary dining venue **OCEAN BLUE**. Pair your Dover sole with a fine chardonnay or a handcrafted cocktail. And be sure to leave room for the decadent flourless cake served warm with Stracciatella ice cream (and extra spoons).

AFTERNOONS

EVENINGS

## POPULAR DESTINATIONS FOR YOU:

AUSTRALIA & NEW ZEALAND • HAWAI'I • EUROPE • PANAMA CANAL

# ACTIVE FAMILIES



Our flexible family accommodation feature a world of comfort whether your crew is small or large. With adjoining staterooms, **FAMILY CLUB BALCONY SUITES** or multi-room **SUITES** offering more room, there are plenty of ways for families to wind down.



Families love breakfast at the **GARDEN CAFÉ**, an expansive buffet featuring everything from omelets, waffles, cereal, fresh fruit and more.



Kids can learn to juggle, play sports and enjoy theme-night activities at **SPLASH ACADEMY**, our fleetwide complimentary youth programme for ages 3-12. While our **GUPPIES PROGRAMME** is perfect for little ones 6 months to 3 years, offering parent-child activities including sensory play, painting and more.



Enjoy our private island in the Bahamas, **GREAT STIRRUP CAY**, where there's an activity to excite all ages, including soaring over the island on a zipline and taking a dip in the exclusive Silver Cove lagoon.



Scream at the top of your lungs as you do a double loop over the side of the ship on **OCEAN LOOPS**. Grab an inner tube and whoosh down Aqua Racer, our tandem waterslide. Or take a thrilling plunge down Free Fall, the two **FASTEST WATERSLIDES AT SEA**. Our **AQUA PARK** is overflowing with excitement.



After an exciting day in the sun, unwind in a reclining chair and watch as your kids splash the day away at our interactive **KIDS' AQUA PARK**.



Parents can run off and play while their teenagers hang out in a place filled with video games, movies, sports – and people their own age – at **ENTOURAGE**, our complimentary youth programme for teens. Ages 13-17.



It's showtime – all the time – on all of our ships. Make it a date night and drop off the kids at Splash Academy and Entourage. After a delicious dinner, take in a show and enjoy the best of Broadway at sea from Jersey Boys to Kinky Boots to Footloose.



Savour the freshest ingredients and dine on classics like pasta carbonara or lobster fettuccine at **LA CUCINA**. Then indulge your sweet tooth with a fresh gelato.

## POPULAR DESTINATIONS FOR YOU:

THE CARIBBEAN • BAHAMAS • MEDITERRANEAN

MORNINGS

AFTERNOONS

EVENINGS

# COUPLES/ROMANTICS

MORNINGS



**THE HAVEN SPA SUITES** and **SPA BALCONY STATEROOMS** are tranquil retreats designed with soothing colours, clean lines and easy access to the Spa and Fitness Center.



Breakfast in bed? Or on a private balcony? Guests wake up happier knowing they can enjoy **ROOM SERVICE** around-the-clock



Discover why **THE CARIBBEAN** is one of the top honeymoon destinations as you savour each moment together among the islands' natural beauty and rich cultural heritage.



Soak up the sun, serenity and stunning ocean views at **SPICE H<sub>2</sub>O**, an adults-only venue. Then cool off in shaded seclusion in a waterfall.



Let the pampering begin. Unwind in the **MANDARA SPA** with a manicure or simply indulge in a hot-stone couples massage, one of more than 50 speciality treatments.



Guests strolling along **THE WATERFRONT** will discover a 400-metre wraparound oceanfront promenade filled with restaurants, bars and fresh ocean breezes.



Sing along with the Tony Award-winning Broadway musical **MILLION DOLLAR QUARTET**, starring the likes of Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley.



Surround yourself in classic décor and plates of rich French cuisine like coq au vin, at **LE BISTRO**. Perfect for a romantic night out for the deux of you.

AFTERNOONS

EVENINGS

## POPULAR DESTINATIONS FOR YOU:

ASIA • HAWAI'I • THE CARIBBEAN • SOUTH AMERICA

# SOLO TRAVELLERS

MORNINGS



Guests of our award-winning **STUDIOS** have exclusive keycard access to the shared, private and relaxing **STUDIO LOUNGE**, where a delicious continental breakfast is available daily. Or enjoy happy hour in the evenings and meet other solo cruisers on board.



Resplendent views are every which way at the adults-only retreat, **VIBE BEACH CLUB**, featuring an oversized hot tub, inviting lounge chairs, daybeds and a full service bar.



Step out – way out – for a breath of fresh air, 2,5 metres over the side of the ship and more than 50 metres above the ocean on **THE PLANK** at the largest ropes course at sea.



Conquer new heights and new thrills at our **SPORTS COMPLEX** including the largest ropes course at sea. Or make new friends on the court, whether basketball or bocce ball. It's game time!



Freshly muddled just the way you like, enjoy a refreshing mojito with friends – day or night – at **SUGARCANE MOJITO BAR**.



Sit around a lively table at our Japanese **TEPPANYAKI** as a skillful chef slices, chops and grills steak, chicken and seafood on a large steel grill right before your eyes.



More than 50 bottled beers and 24 draft beers on tap, including local Miami craft beer from Wynwood Brewing Company and speciality cocktails by Bar Lab. Add live rockin' music and a private photo booth and **THE DISTRICT** is a party with a scene.



Laugh it up at our **COMEDY CLUB** with the very best comedians by Levity Entertainment Group. Or belt out your favourite rock ballads at the sizzling duelling piano bar **HOWL AT THE MOON**.

AFTERNOONS

EVENINGS

## POPULAR DESTINATIONS FOR YOU:

ALASKA • THE CARIBBEAN • BAHAMAS • EUROPE



# WHAT TO PACK.

## PERSONAL ITEMS

Be sure to hand carry any medications or medical equipment you may need along with your passport and travel documents.

## ELECTRONICS

Remember all your tech stuff: tablets, chargers, cameras, travel adapter, etc. All of our ships are equipped with standard, 110 and 220 volts AC outlets. On some ships, you will also find USB charging connections.

## WHAT TO LEAVE AT HOME

Guests are not allowed to bring on board alcoholic beverages (except for wine and champagne, see below), firearms, weapons of any kind, ammunition, explosive substances, irons, steamers or any goods of a dangerous nature, nor animals of any kind, except service or guide animals.

## WINE & CHAMPAGNE

You may bring bottles of wine and champagne on board; however these bottles are subject to a corkage fee. But remember, alcoholic and soft drinks are included in the Open Bar as part of NCL's Free at Sea.

## BRING A CARRY ON BAG

Suitcases arrive at your room later on embarkation day and are collected the last night of your cruise (if you don't opt for self-assist). So don't forget a small overnight bag for carrying any necessary medication, valuables, important documents and need-to-have items.

## HOW MANY SUITCASES CAN I BRING ON BOARD?

Each guest is allowed two pieces of checked luggage with a 22 kg maximum each. Luggage should be clearly labelled with your name, address and contact number. Luggage tags which you can print at home are included in your eDocs. If you're travelling by air, you need to check with the airline for baggage allowances and restrictions.

### REMEMBER TO:

- Pack for the destination – Whether your destination is warm or crisp and cool, packing layers will your best bet.
- Consider your excursions – Bring along closed toe comfy shoes for your shore excursions and sports activities.
- Dress cruise casual during the day, and smart casual in formal dining rooms and speciality restaurants in the evenings.
- Kids 12 years and under are welcome to wear nice shorts in all our restaurants.
- Flip flops, baseball caps, visors and jeans that are overly faded with holes or tears and worn below the hips are not permitted in main dining rooms or speciality restaurants.
- We offer laundry and dry-cleaning services on board. Express, same-day service is also available.

# WHAT TO EXPECT ON YOUR FIRST DAY.

- Visit [ncl.com](http://ncl.com) and complete online check-in in advance then download and print your electronic documents (eDocs) that act as your boarding pass. You can also now check-in and view your e-docs on the Cruise Norwegian app.
- Be sure to bring a carry on/backpack (packed with a bathing suit, sunscreen, camera, etc.) so you can enjoy everything the ship has to offer, prior to receiving your luggage.
- Arrive at the port at your allocated time and porters will take care of your luggage. Stroll into the terminal, clear security (just as you would at an airport) and proceed to the check-in desks, ensuring you have your travel documents and passport handy.
- Once checked-in you'll be given your cruise card, which is also your stateroom keycard, and you will be able to board your ship. Be sure to keep your keycard handy, as you will need it every time you board or disembark the ship during your cruise.
- Start your holiday with a fun first memory. Our professional photographers will take your photo, available for purchase later if you wish, as a wonderful memory of your cruise.
- Staterooms are usually ready by the afternoon, however, in the event that your stateroom is not ready upon boarding, take the time to explore your ship or grab some lunch.
- In the late afternoon, the mandatory muster drill (safety drill) will take place. You will find your muster location on the back of your stateroom door. During this drill, the crew will inform you of what to do in the event of an emergency.
- Then head to the pool deck for your Sail Away party. Bon voyage!



# WHAT TO EXPECT ON YOUR FINAL DAY.

## THE NIGHT BEFORE

The night before debarking, or the morning of, you will receive your final bill for the cruise. For your convenience, you can review your bill over the course of your cruise on the Cruise Norwegian app.

## LUGGAGE

You have two options for handling your luggage on debarkation day. You can self-assist, which means you will carry off all your luggage. If you decide to do this, you will need to be able to carry all your luggage down the gangway and through Customs.

Otherwise, you can pack your luggage the night before debarkation and put it outside your stateroom door with the coloured baggage tags provided firmly attached. The crew will collect it during the night, and it will be waiting for you in the terminal the next day. Remember to keep an overnight bag for your personal belongings, travel documents etc.

Once you make your way off the ship, you can collect your luggage and head to Customs.

## CUSTOMS

In certain destinations you will be given a Customs Declaration form the night before debarkation which must be completed and handed to the Customs Officer.

After Customs, leave the terminal and head to the designated transportation area to get your shuttle to the airport if you have arranged transfers or directly to your vehicle if you parked at the port. There are also taxis readily available.

# NCL'S FREE AT SEA

When you book your cruise with NCL, you can upgrade your booking for only € 99 on a 7-day cruise and pick two packages through our Free at Sea promotion. Choose from Premium Beverages (Open Bar), Speciality Dining, Shore Excursions Discount, a WiFi Package and a special package where 3rd and 4th guests in the stateroom pay taxes only\*. And if you book a suite or The Haven, you get all five packages included! Book now to savour the limitless choices you have on an NCL holiday.

THIS IS HOW IT WORKS:

**CHOOSE YOUR STATEROOM CATEGORY** AT THE BASE FARE

STUDIO | INSIDE | OCEANVIEW | BALCONY | CLUB BALCONY SUITE

**ALWAYS INCLUDED**



UNRIVALLED DINING EXPERIENCES



AWARD-WINNING ENTERTAINMENT



AQUA PARKS, SPORTS FACILITIES AND MORE



YOUTH PROGRAMMES



You just want to enjoy your cruise at the lowest available fare? Choose our base fare with the services included above and you pay for further extras as you go.

OR

CHOOSE TO UPGRADE YOUR CRUISE TO **FREE AT SEA** WITH A CHOICE OF **2 PACKAGES**.



**PREMIUM BEVERAGE PACKAGE (OPEN BAR)**

including branded alcoholic and non-alcoholic drinks



**SPECIALITY DINING**

2-night Speciality Dining Gourmet Package<sup>^</sup>



**EXCURSIONS**

with US\$ 50 shore excursion discount per stateroom and port



**WI-FI**

250 minutes of free Wi-Fi per stateroom<sup>^</sup>



**EXTRA GUEST**

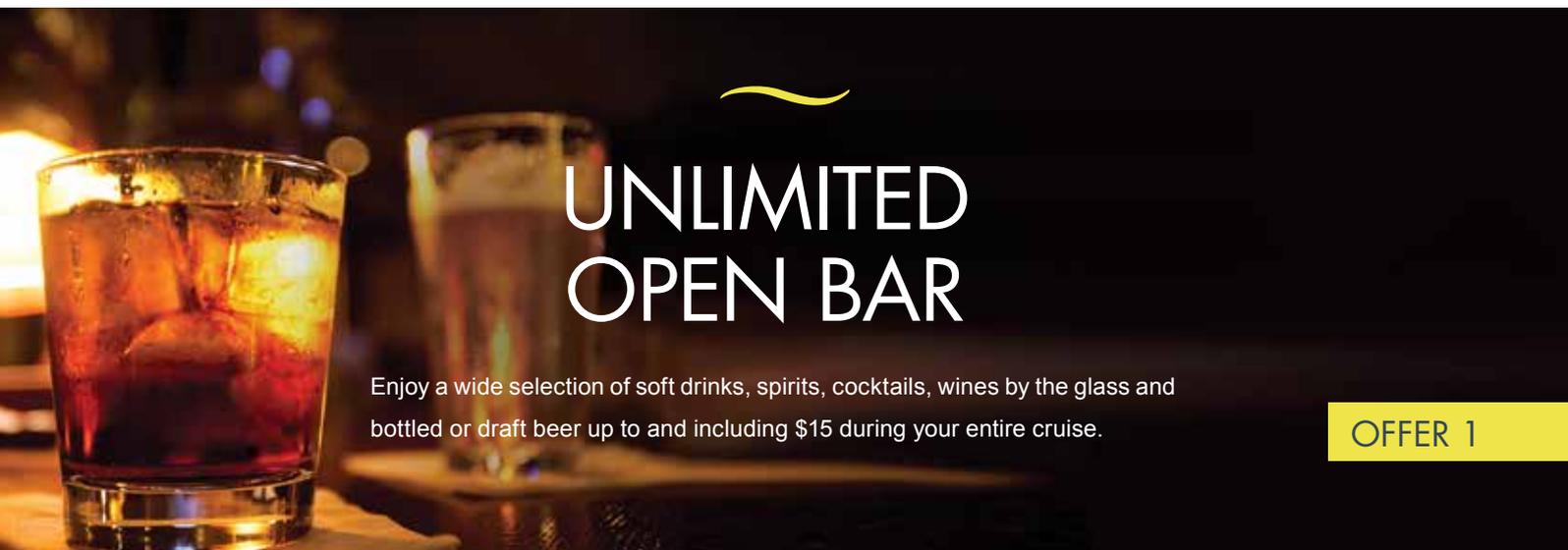
3<sup>rd</sup> and 4<sup>th</sup> passenger in the stateroom\*

**PRICE PER PERSON – BASED ON THE DURATION OF THE CRUISE**

1–6 days € 49	<b>7–9 days € 99</b>	10–13 days € 149	14–17 days € 199	18+ days € 249
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LEARN MORE AT [NCL.COM/FREETATSEA](https://www.ncl.com/freetatsea)

Price differs per cruise length. \* Select sailings only. <sup>^</sup> Value applicable to a 7-night cruise. Value differs per cruise length.



# UNLIMITED OPEN BAR

Enjoy a wide selection of soft drinks, spirits, cocktails, wines by the glass and bottled or draft beer up to and including \$15 during your entire cruise.

OFFER 1

## UNLIMITED AMOUNTS ON ALL DRINKS

### BEERS, CIDERS & HARD SELTZER

- Angry Orchard
- Bon & Viv Spiked Seltzer
- Bud – Light & Regular
- Coors Light
- Corona – Extra
- Goose Island IPA
- Heineken
- Kona Big Wave Golden Ale
- Miller Lite
- Peroni
- Pilsner Urquell
- Redbridge Gluten Free
- Sam Adams
- Stella Artois
- Strongbow
- Truly Spiked & Sparkling Wild Berry
- **PLUS** 4+ brands on draft

### WHISKEY, BRANDY AND OTHER SPIRITS

- 1800 Reposado
- 1800 Silver
- Buffalo Trace Kentucky Straight Bourbon
- Bulleit Kentucky Straight
- Canadian Club
- Cazadores Blanco
- Chivas Regal 12 Years
- Courvoisier® VS
- Crown Royal
- Dewar's White Label
- Fireball Cinnamon
- Gekkeikan Sake
- Glenmorangie Original Single Malt
- Hennessy VS
- Hidalgo Reserva 12-Year Spanish Brandy
- Jameson Irish
- Jack Daniels Old No. 7
- Jack Daniels Tennessee Honey
- JAJA "HaHa" Blanco
- Johnnie Walker Black Label
- Johnnie Walker Red Label
- José Cuervo Gold
- Los Corrales Silver
- Momokawa Pearl Sake
- Monkey Shoulder Blended Malt
- Patrón Silver
- Ramos Pinto Collectors Reserva
- Sandeman Tawny Porto
- Seagram's 7 Crown
- Seagram's VO
- St Rémy VSOP French Brandy
- Tabernerero Pisco Puro

### GIN & VODKA

- Absolut
- Absolut Mandrin
- Absolut Citron
- Belvedere
- Beefeater London Dry
- Bombay Sapphire
- Ketel Botanical Grapefruit & Rose
- Ketel One
- Grey Goose
- Prairie Organic
- SKYY
- Smirnoff
- Stolichnaya
- Tanqueray Special
- Tito's Handmade
- Wheatley Craft Distilled

### RUM

- Bacardi 8
- Bacardi Superior
- Brugal Añejo
- Captain Morgan Spiced
- Flor De Caña
- Flor de Caña 7 Years Old
- Gosling's Black Seal
- The Kraken Black Spiced
- Malibu Coconut
- Mount Gay Eclipse
- Myers's Original Dark
- Pusser's
- Zacapa Ámbar

### LIQUEURS / CORDIALS

- Aperol Apéritif
- Averna
- Bailey's Irish Cream
- Brogan's Original Irish Cream
- Chinola Passion Fruit Liqueur
- Campari
- Cedilla – Açai
- Cointreau
- Disaronno Amaretto
- Drambuie
- Fernet-Branca
- Frangelico
- Grand Marnier
- Jagermeister
- Kahlúa
- Limoncello
- Licor 43
- Pernod
- Peychaud's Apéritif
- Pimm's No. 1
- RumChata
- Southern Comfort

**PLUS** HUNDREDS OF COCKTAILS, OVER 20 WINES BY THE GLASS & SODAS, TONICS & JUICES.

Selection may vary on Pride of America Hawai'i cruises

Selections may vary by ship and market. We reserve the right to alter the included choice of drinks at any time without prior notice. Beverages up to US\$ 15/bar list price are included. Guests will be required to pay an additional amount beyond US\$ 15. Guests will also receive 20% discount on wine by the bottle and in addition be charged a 20% gratuity and speciality service charge. Certain exclusions apply: energy drinks, room service, mini-bar, Ice Bar, freshly squeezed juices, coffee specialities, bottled water & water cartons wine dispenser or vending machines. Not available on 1-2 night sailings. For additional details, please visit [ncl.com/freetsea](http://ncl.com/freetsea).

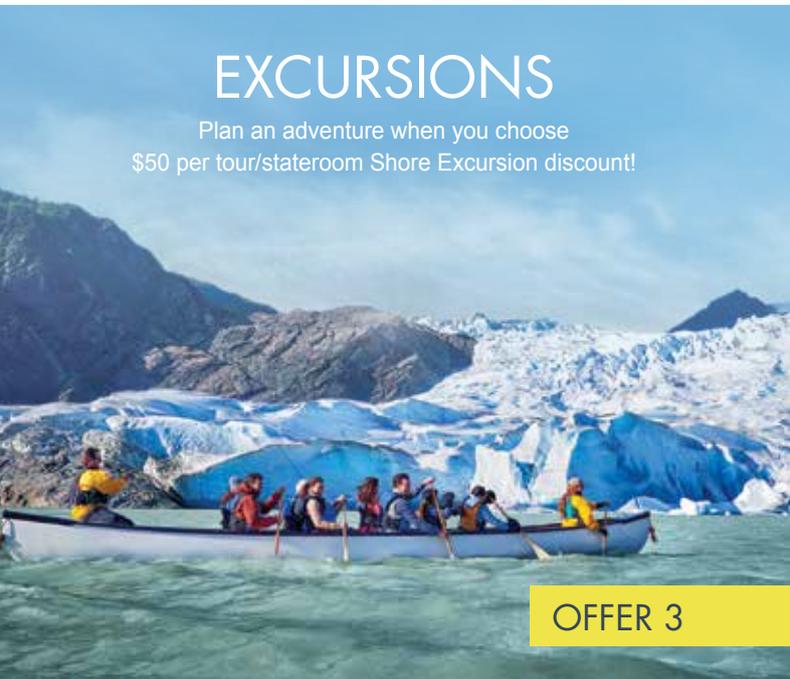


# SPECIALITY DINING\*

Feel like dining around the world anywhere you go? Feel Free. There's no better way to enjoy our wide selection of unique dining experiences than with our Speciality Dining package!

Dine at your favourite speciality restaurant including Cagney's Steakhouse, Food Republic, La Cucina, Le Bistro, Onda By Scarpetta, Moderno Churrascaria, Ocean Blue, Q Texas Smokehouse and Teppanyaki. Speciality restaurants vary by ship. Reservations can be made in advance or on board, subject to availability.

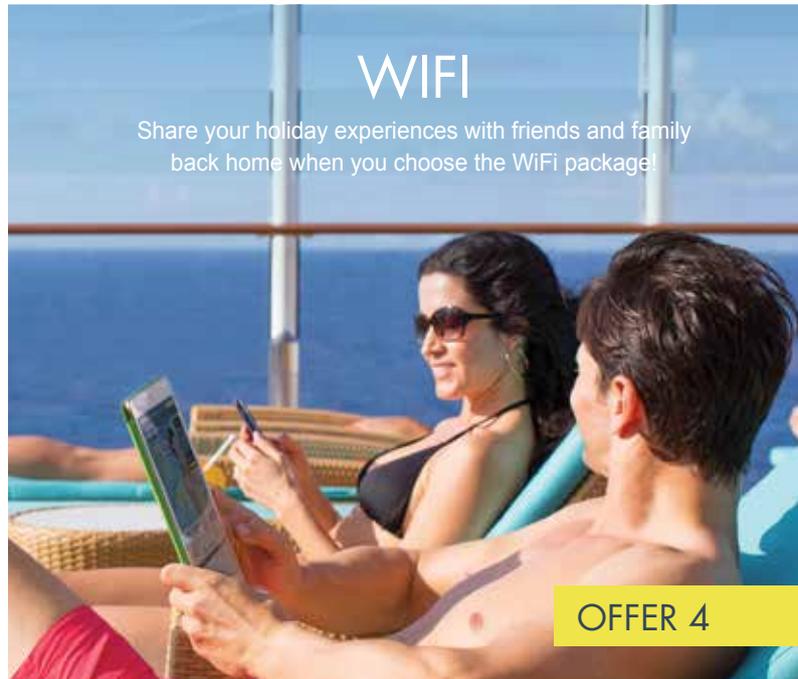
OFFER 2



## EXCURSIONS

Plan an adventure when you choose \$50 per tour/stateroom Shore Excursion discount!

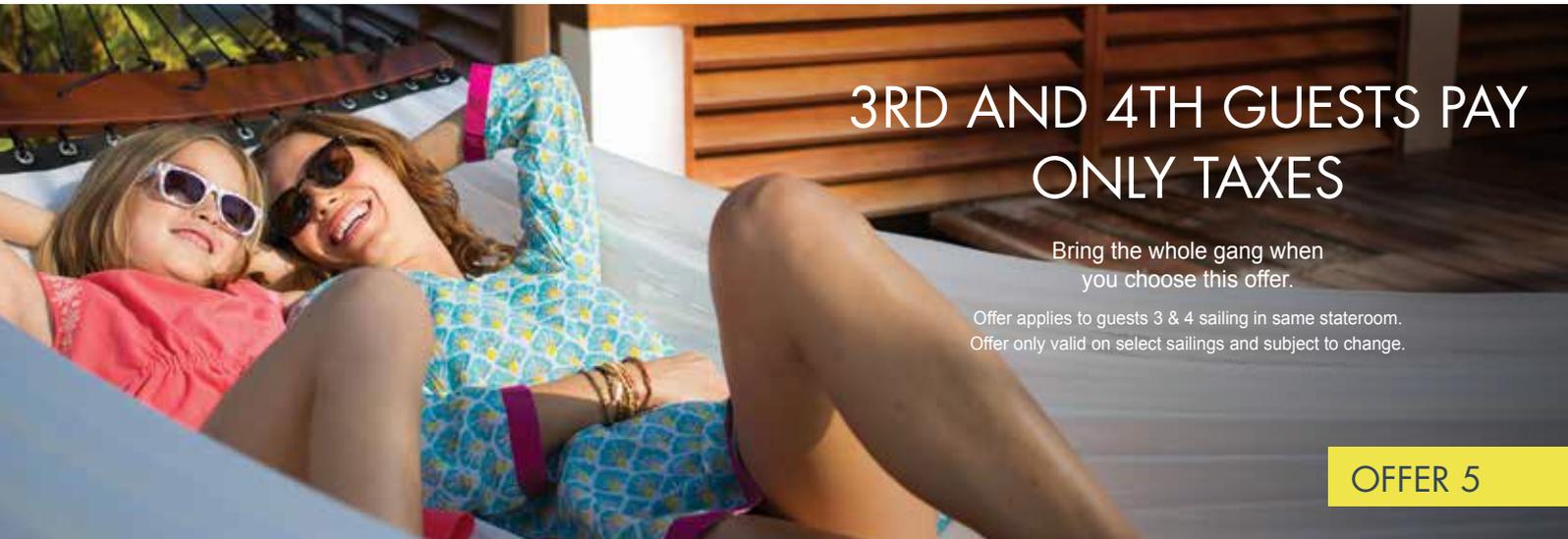
OFFER 3



## WIFI

Share your holiday experiences with friends and family back home when you choose the WiFi package!

OFFER 4



## 3RD AND 4TH GUESTS PAY ONLY TAXES

Bring the whole gang when you choose this offer.

Offer applies to guests 3 & 4 sailing in same stateroom. Offer only valid on select sailings and subject to change.

OFFER 5

\*Speciality Dining is honoured in: American Diner, Cagney's Steakhouse, Food Republic, La Cucina, Onda by Scarpetta, Le Bistro, Los Lobos, Moderno Churrascaria, Ocean Blue, Bayamo by Ocean Blue, Pincho Tapas Bar, Q Texas Smokehouse, Raw Bar, Sushi and Teppanyaki. Speciality restaurants vary by ship. Not included are Bake Shop, Coco's, Ice Cream Bar, Gelato, Special Occasion/Holiday Menus. We reserve the right to alter the included choice of restaurants at any time and without prior notice. Speciality Dining meal includes one main course per person in addition to appetizers, dessert, etc. (Food Republic, Pincho Tapas Bar, Sushi and Wasabi includes 4 menu items per guest). Additional entree/premium menu item charges may apply. Speciality Dining is for Guests 1 and 2 on the reservation. On 3-5 night cruises guests will receive 1 meal. On 6-8 night cruises guests will receive 2 meals. On 9-10 night cruises guests will receive 3 meals. On 11-14 night cruises guests will receive 4 meals. On 15+ night cruises guests will receive 5 meals. Meals are non-transferable and no refund given for unused meals.

# FREQUENTLY ASKED QUESTIONS ABOUT FREE AT SEA

## WHAT DRINKS/BRANDS ARE INCLUDED WITH FREE OPEN BAR (PREMIUM BEVERAGE PACKAGE)?

There are a variety of spirits and cocktails, wines by the glass and bottled or draft beer up to \$15 for guests to choose from. Open Bar (Premium Beverage Package) also includes fountain soda, juice and non-alcoholic beers. For your convenience we have listed the brands included in the package on all sailings except for Pride of America within this flyer. Premium Plus Open Bar Package available for an additional fee.

## WHAT ARE THE AGE REGULATIONS FOR THE PREMIUM BEVERAGE PACKAGE (OPEN BAR)?

On sailings that include ports of call in the U.S., Canada or China, guests must be 21 years of age or older to benefit from the Premium Drinks Package. On all other cruises this regulations applies to guests aged 18 years and above with the exception of guests who are U.S., Canadian or Chinese citizens.

## ARE THERE ANY LIMITATIONS ON THE AMOUNT OF ALCOHOLIC DRINKS THAT CAN BE ORDERED WITH THE OPEN BAR (PREMIUM BEVERAGE PACKAGE)?

There is no limit to the amount of drinks consumed under the promotion, however guests who choose to consume alcohol must do so responsibly. The ship's staff may refuse to serve alcoholic beverages to any guest who does not consume alcohol responsibly.

## HOW DO 3RD & 4TH GUESTS SAIL AT A REDUCED RATE?

Guests 3 and 4 sailing in the same cabin (as Guests 1 & 2) pay taxes only on select sail dates. See [www.ncl.com](http://www.ncl.com) for currently applicable dates and full terms/conditions.

## WHAT RESTAURANTS ARE INCLUDED WITH THE SPECIALITY DINING PACKAGE?

Speciality Dining is honoured in the following speciality restaurants: American Diner, Cagney's Steakhouse, Food Republic, La Cucina, Onda by Scarpetta, Le Bistro, Los Lobos, Moderno Churrascaria, Ocean Blue, Bayamo by Ocean Blue, Pincho Tapas Bar, Q Texas Smokehouse, Raw Bar, Sushi and Teppanyaki.

## WHAT IS INCLUDED IN A SPECIALITY DINING MEAL?

All speciality restaurant menu items are included except Seafood Platter in Raw Bar. Additional entrée and/or Premium menu item charges may apply. For Food Republic, Pincho, Sushi and Wasabi, a meal includes 4 items.

## HOW CAN I MAKE DINING RESERVATIONS FOR SPECIALITY DINING?

You can make reservations online in our "Dining" section at [ncl.com/myncl](http://ncl.com/myncl) or through our reservations team. Please see backpage or [ncl.com](http://ncl.com) for numbers to call from your specific country. Once onboard, you can also make reservations by calling or visiting Restaurant Reservations or through the Cruise Norwegian App. Reservations are subject to availability.

## WHAT IS INCLUDED IN THE WIFI PACKAGE, AND WHAT DEVICES WILL BE ABLE TO ACCESS IT?

The WiFi package allows for 100 minutes on 3-6 night cruises, 250 minutes on 7-13 night cruises and 500 minutes per stateroom for 14+ night cruises. This is accessed through a login, linked to the stateroom and is available throughout the ship. The internet is accessible on all devices capable of connecting to WiFi, however can only be used on one device at a time.

## WHERE CAN I FIND THE FULL TERMS AND CONDITIONS?

Terms and conditions are subject to change without notice. For the most up-to-date terms & conditions, please visit [ncl.com/freetsea](http://ncl.com/freetsea).



# SAILING TOWARD A BRIGHTER FUTURE.

Our mission is to continually improve our sustainability culture through fresh innovation, progressive education and open collaboration.

SAIL  SUSTAIN

Our environmental commitment is continually evolving and expanding into additional areas of our operations, both shipboard and shoreside. Our industry is inextricably linked to the condition of our oceans and as such, continual improvement is one of our core responsibilities. In line with this accountability comes our commitment to preventing accidents and incidents involving pollution, reducing the environmental impact of our operations, managing waste through methods that promote recycling and reusing materials and ensuring continual refinement of our ISO 14001 certification objectives and targets.



## WATER CONSERVATION & ONBOARD PRODUCTION

Through a combination of onboard initiatives and progressive technologies, our ships are consistently improving their water production rates while working to decrease consumption and environmental impact.



## PARTNERSHIPS

Through our outreach initiatives and corporate partnerships, we remain committed to having a positive impact on our local communities, the communities we visit and on the local ecosystems through which we cruise.



## WASTE MITIGATION & RECYCLING

Our company's progressive waste mitigation programme lessens the environmental impact of our operations, reduces pollution, promotes diversion of material from landfills, conserves natural resources and saves energy through reusing and recycling.



## FUEL & ENERGY EFFICIENCY

To mitigate actions that may negatively impact our climate and reduce our impact on the environment and the oceans, we have put in place several initiatives aimed at lowering energy consumption and therefore reducing our carbon footprint.

LEARN MORE AT [NCL.COM/ENVIRONMENTAL-COMMITMENT](https://www.ncl.com/environmental-commitment)



# CRUISING JARGON

Cruising can feel like a whole new world with a whole new language! Below we have translated some common cruise language.

**AFT**

The back of the ship.

**ATRIUM**

The central guest area on the ship, similar to a hotel's lobby. Here you'll usually find the reception desk and guest services.

**BERTH/DOCK**

The dock where the ship ties up to the shore.

**BRIDGE**

The navigational control centre where the Captain drives the ship.

**CABIN/STATEROOM**

Your room where you sleep, get dressed etc. Your home away from home.

**CABIN/STATEROOM ATTENDANT**

The person responsible for maintaining and cleaning your stateroom during your stay on board, also known as a cabin steward.

**DECK**

The floor of the ship. A deck plan will show guests what they can find on each deck of the ship.

**DEBARKATION/DISEMBARKATION**

The process of leaving the ship at the end of the voyage.

**EMBARKATION**

The process of boarding the ship at the start of the voyage.

**FREE AT SEA**

NCL's exclusive upgrade offer for guests to choose 2 packages of their choice for a surcharge of € 99 on a 7-day cruise.

**GANGWAY**

Where you walk on and off the ship.

**DISCRETIONARY SERVICE CHARGE & TIPS**

A discretionary service charge will be automatically added per guest per day to your shipboard account. This charge will be shared among those staff members, including the restaurant staff, stateroom stewards and other behind-the-scenes staff who provide services that enhance your overall cruise experience.

**ITINERARY**

The schedule of destinations and days at sea.

**FREESTYLE**

NCL's unique approach to dining, giving you the freedom and flexibility to dine when and where you wish with no set dining times or pre-assigned seating.

**SHORE EXCURSIONS**

Pre-arranged tours with reputable local organizations that give you the opportunity to explore a destination.

**FREESTYLE DAILY**

NCL's daily onboard newsletter delivered each evening that highlights everything happening on board and in the port the following day.

**MIDSHIP**

The midpoint of the ship.

**MUSTER DRILL/STATION**

A lifeboat safety drill where all guests must follow instructions and learn what to do in an emergency, including knowing where to go to assemble (your muster station).

**OBC**

Onboard credit that may be available to you based on the promotion at time of booking (or received as a gift) available to spend however you wish during your cruise.

**PORT**

The left side of the ship when facing forward. Just remember - 'port' and 'left' both have four letters.

**REPOSITIONING CRUISE**

A one-way cruise that begins and ends in different ports as a ship moves from one cruising region to another.

**SAILAWAY**

The beginning of your cruise when the ship leaves the port, often accompanied by a sailaway party on deck.

**SEA DAY**

A day where the ship stays out at sea and does not visit a port.

**SPECIALITY RESTAURANT**

A restaurant on board, which offers alternative dining to the main restaurant. Reservations are often necessary and dining there can be an added cost.

**STARBOARD**

The right side of the ship when facing forward.

**CRUISE DIRECTOR**

The senior officer on a cruise ship who oversees all onboard hospitality, entertainment and social events.

**GENERAL MANAGER/HOTEL DIRECTOR**

The person in charge of all aspects of the ship's hotel and guest services operations.

**TRANSFER**

A bus or taxi ride from the airport or hotel to your docked ship.



# FREQUENTLY ASKED QUESTIONS

## WHAT ABOUT SPECIAL DIETARY NEEDS?

If you have any food allergy or a dietary requirement please advise your travel advisor or an NCL Reservations Agent. Many of these requests require 30-days notice prior to sailing, and we want to ensure that we are able to fulfil your request. We cannot guarantee Kosher Meal requests made within 30 days of sail date.

## WHAT DOCUMENTATION DO I NEED TO BRING?

It's important that you provide us with your key personal information (passport numbers, etc.) in advance. Visit [ncl.com/mycruises](http://ncl.com/mycruises) and fill out the online check-in form. Be sure to check with your travel professional or the appropriate authorities before your trip to determine requirements for inoculations, passports, visas and other mandatory documentation. Cruise refunds may not be issued if you are denied boarding due to lack of proper documents. European guests need a full e-Passport (also applicable to children of all ages). A passport is also required for all European sailings (exception: citizens of Schengen states on itineraries that do not leave EU territory). Please see [ncl.eu/visa-requirements](http://ncl.eu/visa-requirements) for further details.

## HOW DO I TRAVEL WITH A DISABILITY?

Guests with physical disabilities and special needs will be able to find the right accommodation and environment to suit them. Precautions can be taken to make your stay as relaxed as possible and all of our ships offer special staterooms for physically challenged guests. More information can be found at [ncl.com/about/accessible-cruising](http://ncl.com/about/accessible-cruising).

## WHAT IS THE SMOKING POLICY ON BOARD?

Smoking is prohibited in staterooms, on balconies and in public areas throughout the ship. If you smoke regular or electronic cigarettes, you can do so in designated areas only.

## ARE VISITORS ALLOWED ON BOARD?

For security reasons, visitors are not allowed on board.

## WILL I HAVE ACCESS TO THE INTERNET?

All of our ships are equipped with 24-hour internet cafes and WiFi is also available on board. With NCL's Exclusive Free at Sea, you can choose the WiFi package as one of your two extras.

## WHAT ABOUT TIPPING?

A discretionary service charge is automatically added to your shipboard account for all staterooms (for guests three years and older). Additional gratuities apply when dining in our speciality restaurants (not if part of the Speciality Dining package), and of course you are allowed to tip additionally at your own discretion. Visit [ncl.com](http://ncl.com) for further information.

## HOW DO I BOOK SHORE EXCURSIONS?

Please visit [ncl.com](http://ncl.com) to browse all the exciting choices available in every port of call. Once you've chosen the excursions you can book them online or by phone up to two days before sailing, or alternatively you can buy them on board at the ship's Shore Excursion Desk.

## IS THERE A DOCTOR ON BOARD?

A physician and nurse are on each ship to provide medical care and services at customary charges. Commonly used medications are kept on board and may be prescribed by the ship's doctor. We recommend you check your personal health insurance for full international coverage.



ASIA



AFRICA



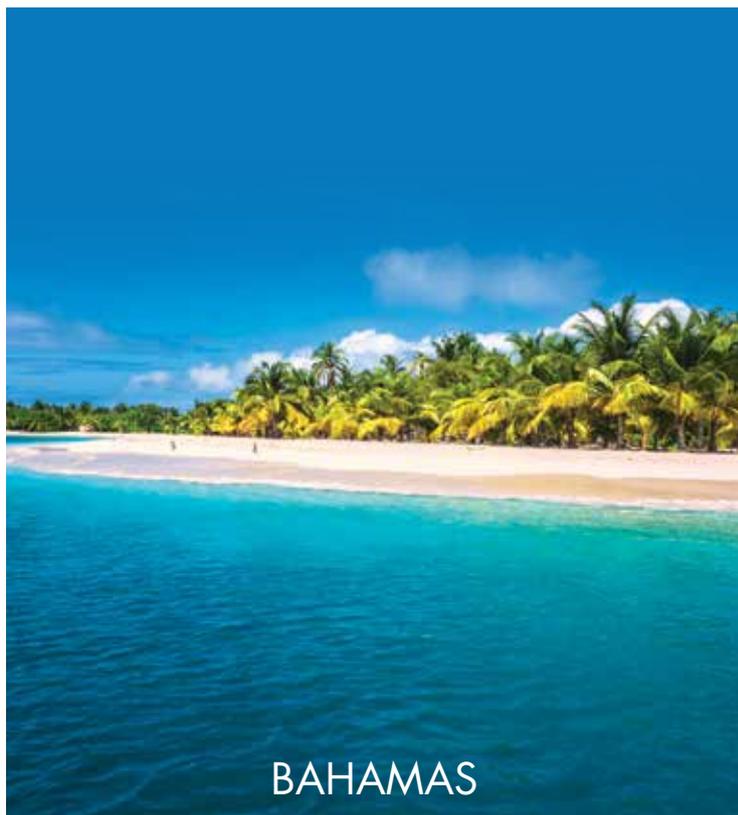
ALASKA



AUSTRALIA & NEW ZEALAND



BERMUDA



BAHAMAS



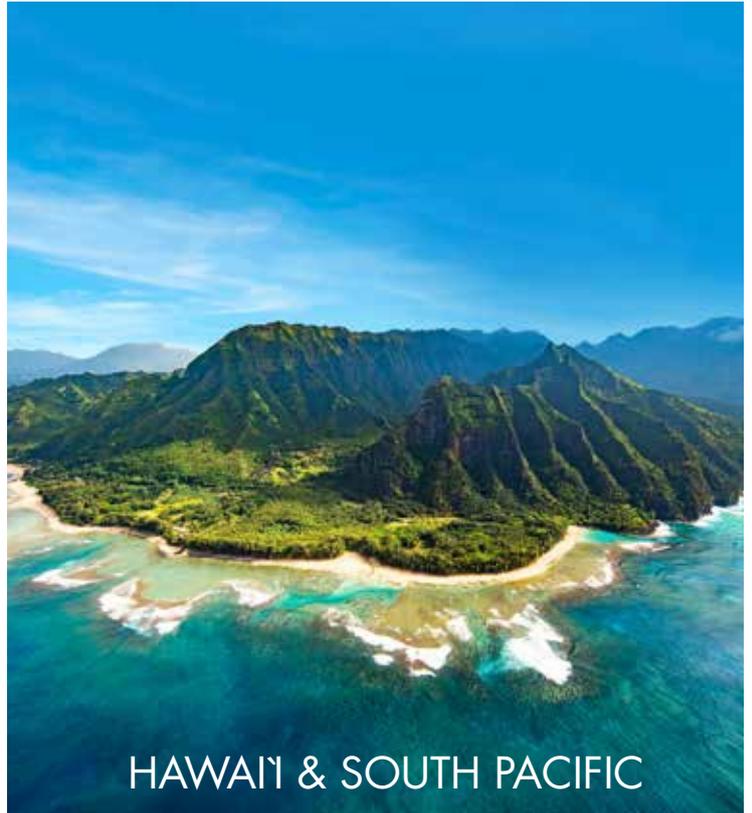
CANADA & NEW ENGLAND



THE CARIBBEAN



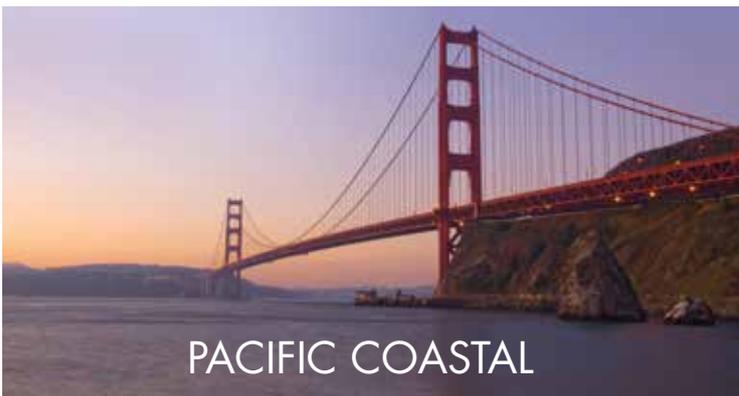
EUROPE: MEDITERRANEAN & NORTHERN EUROPE



HAWAII & SOUTH PACIFIC



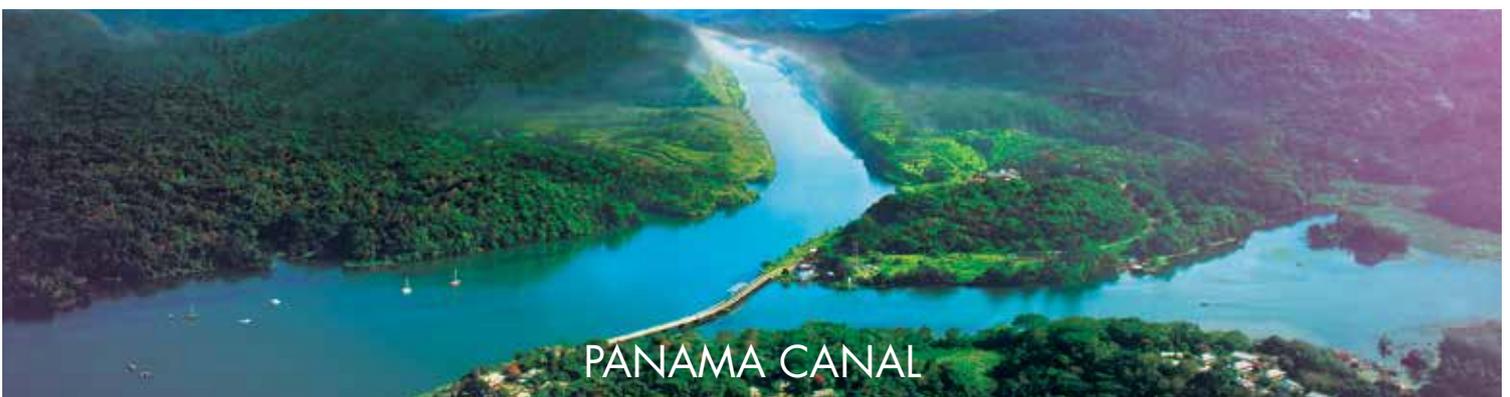
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**FOR MORE INFORMATION, VISIT [NCL.COM/PEACEOFMIND](https://ncl.com/peaceofmind)**

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